## Coschool District of Beloit 4K Breakfast Menu February 2019

1 Chex

> Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk

Coco Frosted Mini Wheats

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 5

Cheerios

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 6

Rice Krispies

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 7

Yogurt

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 8

No School

11

Cheerios

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 12

Yogurt

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 13

Rice Krispies

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 14

Blueberry Muffin

100% Fruit juice Choice of 1% Unflavored Milk Unflavored Skim Milk 15

Frosted Mini Wheats

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk

18

Coco Frosted Mini Wheats

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 19

Blueberry Muffin

100% Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk 20

Cream Cheese Bagel

Fresh Fruit 100% Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk 21

Yogurt

Fresh Fruit Choice Of 1% Unflavored Milk Unflavored Skim Milk 22

Rice Krispies

Fresh Fruit Choice Of 1% Unflavored Milk Unflavored Skim Milk

25

Chex

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk 26

Cream Cheese Bagel

100 % Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk 37

Yogurt

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk Rice Krispies

Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk

28

More info...

foodservice@4beloitschools.net

Start your day off right Enjoy a FREE breakfast daily!!!

This institution is an equal opportunity provider.

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